



May 2013 Breakfast

	Mon	Tue	Wed	Thu	Fri
<p>High School Breakfast : Features a fresh fruit or 100% juice, carton of milk, WG pop tarts, or cereal. Student must have three items to count as a meal. A la carte items are also available for students with money in their accounts and approval for a la carte items.</p>			1 Pop Tart Yogurt Apricots 100% Juice Milk	2 Cereal Yogurt Fruit Cocktail 100% Juice Milk	3 Coffee Cake Yogurt Fruit Cocktail 100% Juice Milk
<p>Elementary & Middle School Breakfast: Students must take 3 of the items listed to count as a meal.</p>	6 Breakfast Corndog Yogurt Applesauce 100% Juice Milk	7 Cereal Yogurt Pineapple 100% Juice Milk	8 Breakfast Cookie Yogurt Peaches 100% Juice Milk	9 Donut Yogurt Peaches 100% Juice Milk	10 Cereal Yogurt Apricots 100% Juice Milk
<p>New USDA Nutrition Standards Implementation of The Healthy Hunger Free Kids Act's new nutrition standards begins this year. Your school meal program was already in compliance with most of the new requirements including fruit and vegetable servings and fat limits. We have adjusted our menus to offer the required whole-grain -rich foods, and to stay within the minimum and maximum number of grain and bread servings allowed per day</p>	13 Frudel Yogurt Pears 100% Juice Milk	14 Cereal Yogurt Peaches 100% Juice Milk	15 Chef Choice	16 Chef Choice	17 Chef Choice
	20	21	22	23	24
	27	28	29	30	31



All meals are subject to change without notice.